

# PCMS Food Drive

## December 1-12<sup>th</sup>

### 1 Point Items

- Ramen Pack
- Canned vegetables
- Canned beans
- Individual Mac & Cheese
- "Other" that can be accepted

Highlighted items are those most needed right now.

Please make sure items are unopened and are not expired.

Stick to the list as much as possible, please!

### 5 Point Items

- Gluten Free Pasta
- Canned Chili
- Dry pasta
- Dry, plain rice (2 lb bag only please)
- Hamburger Helper/Pasta Roni/Rice a Roni (or other boxed meal)
- Organic Mac & Cheese (ex: Annie's)
- Cereal
- Oatmeal
- Canned Pasta (Annie's, Chef Boyardee, etc.)
- Canned fruit
- Canned chicken
- Hearty Soup (Progresso, Campbell's Chunky, etc.)
- Pasta Sauce
- Anti-bacterial hand soap
- Canned Tuna or Canned Salmon
- 4 packs of toilet paper- this is the preferred pack size for toilet paper
- Toothpaste (full size, not travel size)
- Toothbrush

### 10 Point Items

- Peanut or other nut butter
- Canned SPAM
- Cooking Oil (16-32 oz bottles ONLY, please)
- Baby Wipes
- Shampoo & Conditioner

### Other Points

- The following items are 1 point for every two items in the pack (ex: 120 diapers= 60 pts):
  - Diapers (current high need for sizes 5, 6, & 7)
  - Pull-Ups (all sizes)
  - Maxi Pads
  - Tampons
- The following items are 1 point per item or leadership discretion
  - Adult incontinence underwear/diapers
  - Individual snacks
  - Gift Cards- no higher than \$75 per card (Fred Meyer, Target, Safeway are preferred)